



## Spring Kinder/1<sup>st</sup>-2<sup>nd</sup> Grade Basketball Rules

TOPIC	RULE
SIZE OF BALL	Boys and Girls size 5 (27.5")
HEIGHT OF BASKET	8'
SIZE OF COURT	50' x 42'
DISTANCE OF 3-POINT ARC	N/A
DISTANCE OF FREE THROW LINE	N/A
<b>NOTE: 3-ON-3 OR 4-ON-4 HALF COURT PLAY IS ALSO RECOMMENDED IN PRACTICE FOR YOUNG PLAYERS TO FOSTER ENHANCED PARTICIPATION AND DEVELOPMENT.</b>	
GAME LENGTH	Four 8-minute periods – Running Clock
TIME BETWEEN PERIODS	1 minute
EXTRA PERIODS	No OT
SCORING	No tracked score
TIMEOUTS	Two 60-second time-out per half
START OF GAME	Coin flip. Team awarded possession starts with throw-in at half court.
PLAYING TIME	Playing time should be equal for all participants across the first 3 quarters of play. If a team has more than ten players, rotations must be managed to maintain equally-distributed playing time (for the first three quarters). Coaches have free substitution for the entire fourth quarter, but every player must play in the second half.
BACKCOURT TIMELINE	N/A
SHOT CLOCK	N/A
5-SECONDS GUARDED	N/A
CLOCK STOPPAGE	During Match-Ups (Substitutions)
FREE THROW TIME LIMIT	N/A
FREE THROW LANE	<ul style="list-style-type: none"> <li>• Offense may have 3 players on the lane, including the shooter</li> <li>• Defense may have 3 players on the lane</li> </ul>
SUBSTITUTIONS	SUBSTITUTIONS EVERY 4:00 of Play. <ul style="list-style-type: none"> <li>• When substitutions occur, players must line up facing center-court so the coach can assign wristbands</li> <li>• Once match-ups are made, the referee will resume play</li> </ul>
VIOLATIONS	<ul style="list-style-type: none"> <li>• 5-Second Inbounding limit gradually enforced each season.</li> <li>• Sideline boundaries enforced during inbound.</li> <li>• 10-Second back court: N/A</li> <li>• 5-Second lane violations: N/A</li> <li>• 3-Second key violation gradually enforced each season</li> <li>• No ON-BALL steals</li> </ul>
FOULS	N/A (Bench players who foul intentionally)
BENCH	Players not in play must remain on their bench, seated. No dribbling/passing/playing with basketballs on the bench. Warning first, then unsportsmanlike conduct or delay of game may be enforced by the officials.