

ARC Lap Pool Schedule July



	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
6:00 AM	6 Lanes	6 Lanes	6 Lanes	6 Lanes	6 Lanes	Closed	Closed
6:30 AM	6 Lanes	6 Lanes	6 Lanes	6 Lanes	6 Lanes	Closed	Closed
7:00 AM	6 Lanes	6 Lanes	6 Lanes	6 Lanes	6 Lanes	Closed	Closed
7:30 AM	6 Lanes	6 Lanes	6 Lanes	6 Lanes	6 Lanes	Closed	Closed
8:00 AM	6 Lanes	6 Lanes	6 Lanes	6 Lanes	6 Lanes	Closed	Closed
8:30 AM	6 Lanes	6 Lanes	6 Lanes	6 Lanes	6 Lanes	1 Lane	Closed
9:00 AM	6 Lanes	6 Lanes	6 Lanes	6 Lanes	6 Lanes	1 Lane	Closed
9:30 AM	6 Lanes	6 Lanes	6 Lanes	6 Lanes	6 Lanes	1 Lane	Closed
10:00 AM	6 Lanes	6 Lanes	6 Lanes	6 Lanes	6 Lanes	1 Lane	Closed
10:30 AM	6 Lanes	3 Lanes	3 Lanes	3 Lanes	3 Lanes	1 Lane	Closed
11:00 AM	6 Lanes	3 Lanes	3 Lanes	3 Lanes	3 Lanes	4 Lanes	6 Lanes
11:30 AM	6 Lanes	6 Lanes	6 Lanes	6 Lanes	6 Lanes	4 Lanes	6 Lanes
12:00 PM	1 Lane	6 Lanes	1 Lane	6 Lanes	6 Lanes	6 Lanes	6 Lanes
12:30 PM	1 Lane	6 Lanes	1 Lane	6 Lanes	6 Lanes	6 Lanes	6 Lanes
1:00 PM	1 Lane	6 Lanes	1 Lane	6 Lanes	6 Lanes	6 Lanes	6 Lanes
1:30 PM	2 Lanes	2 Lanes	2 Lanes	2 Lanes	2 Lanes	2 Lanes	2 Lanes
2:00 PM	2 Lanes	2 Lanes	2 Lanes	2 Lanes	2 Lanes	2 Lanes	2 Lanes
2:30 PM	2 Lanes	2 Lanes	2 Lanes	2 Lanes	2 Lanes	2 Lanes	2 Lanes
3:00 PM	2 Lanes	2 Lanes	2 Lanes	2 Lanes	2 Lanes	2 Lanes	2 Lanes
3:30 PM	2 Lanes	2 Lanes	2 Lanes	2 Lanes	2 Lanes	2 Lanes	2 Lanes
4:00 PM	No Lanes	No Lanes	No Lanes	No Lanes	No Lanes	2 Lanes	2 Lanes
4:30 PM	No Lanes	No Lanes	No Lanes	No Lanes	No Lanes	2 Lanes	2 Lanes
5:00 PM	No Lanes	No Lanes	No Lanes	No Lanes	No Lanes	2 Lanes	2 Lanes
5:30 PM	1 Lane	1 Lane	1 Lane	1 Lane	1 Lane	2 Lanes	2 Lanes
6:00 PM	2 Lanes	No Lanes	1 Lane	2 Lanes	2 Lanes	2 Lanes	Closed
6:30 PM	2 Lanes	No Lanes	1 Lane	2 Lanes	2 Lanes	2 Lanes	Closed
7:00 PM	2 Lanes	No Lanes	2 Lanes	2 Lanes	2 Lanes	2 Lanes	Closed
7:30 PM	2 Lanes	No Lanes	2 Lanes	2 Lanes	2 Lanes	2 Lanes	Closed
8:00 PM	Closed	Closed	Closed	Closed	Closed	Closed	Closed
Lap lanes are for <u>SHARING</u> and sharing may sometimes be required.							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Diving Board	1:30-4	1:30-4pm	1:30-4	1:30-4	1:30-4 & 6-8pm	1:30pm-7:30pm	1:30-5:30pm

<u>Master Swim Practice</u>: Monday and Wednesday 12:00-1:30pm (1 Lane Available) and 6-7pm Wednesdays (1 lane available)

<u>Aspen Swim Club Practice</u>: Monday through Friday 4:00-6:00pm (1 Lane opens at 5:30) and Saturday 8:30-11am (1 Lane Available)

<u>Water Aerobics</u>: Tuesday, Wednesday, Thursday, and Friday 10:30-11:30am (3 Lanes Available)

<u>SCUBA Classes:</u> Discovery class July 11th Certification class July 24th and 25th. See aspenscuba.com for more info and registration

No diving board available during SCUBA

<u>Kayaking Open Roll Sessions:</u> Tuesdays 6:00-7:45pm (No lanes available)

Group Swim Lessons: Saturdays 10am-12pm (4 Lanes Available)

Please note:

Entire ARC Closed Thursday, July 4th. Happy Independence Day!
Wibit water obstacle course- Sunday, July 20th (2 Lanes available all day-No diving board)
No group lessons Saturday July 5th!